

2-28-2019

## Iowa State Daily (February 28, 2019)

Iowa State Daily

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### Recommended Citation

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# IOWA STATE DAILY

An independent student newspaper serving Iowa State since 1890



+20 +02

02.28.2019 Vol. 219 No. 107

THURSDAY

## 80%

of rare diseases are genetically based.

Many rare diseases result in premature death of infants & young children or become fatal in early adulthood.

Families & private foundations provide about 3% of all medical research funding in the U.S.

## 90%

of healthcare providers must treat the majority of rare disease patients with non-FDA approved drugs.

## 1 in 10

Americans have a rare disease  
30 million people have a serious, lifelong condition.

More than half are children

Holding hands, they would circle the globe roughly  
**1.5 times**

## 7,000

Rare diseases exist, with less than 500 FDA-approved treatments



## 5%

of rare diseases have treatments.

SARAH ESTES/ IOWA STATE DAILY

## Students voice concerns after StuGov endorsed discriminatory resolution

BY MADELYN.OSTENDORF  
@iowastatedaily.com

Student Government heard the concerns of several students at open forum as well as made an amendment to a bill that would increase funding for professional development Wednesday.

During open forum, several students came to speak about a resolution passed at the previous meeting that endorsed a bill allowing groups to deny leadership positions to students for reasons such as sexuality or race that is currently making its way through the state legislature.

Taylor Blair, a junior in industrial design, spoke about the senators lack of understanding of their previous passing of the bill, as well as mentioning Sen. Madison Mueller's quote, which appeared to compare a person's sexuality to their GPA and amount of community service. Blair referred to the comment as "not

only incorrect, but dangerous."

Blair also encouraged the senators to not only rescind their endorsement of the bills, but to completely condemn the legislation.

"Why is there a single group whose mission would be altered because a queer person is on their board? A black person is on their board? Why? I don't understand that," Blair said.

Trinity Dearborn, a junior in women's and gender studies, talked about the language of the bill and how the particular section of the bill seemed out of place. They also addressed Sen. Mueller's comment and argued that if a restriction on race or sexuality could be placed on the leadership of a club, any kind of restriction would also have to be allowed.

Sen. Mueller responded saying she did not intend for her quote to correlate sexuality and GPA as equal factors but wanted to defend a religious club's right to have a belief system or a multicultural club's right to want a multicultural

student in leadership.

Jimmy Bragdon, a senior in industrial engineering, also clarified some points about the bill and spoke in opposition of Student Government's resolution.

Bragdon noted the difference between hate speech and free speech, and to point out that free speech is also covered on the Facilities Planning and Management website and is protected by the Constitution. Bragdon said that he didn't think the endorsement of the bill was entirely necessary.

"I don't really like it when people come out and explicitly support 'Hey, let's expand free speech everywhere,' because that suggests it wasn't free to being with, which I think is the wrong assumption to make," Bragdon said.

While the Senate made no adjustments to the resolution at the meeting Wednesday night,

>> **SPEECH** PG4

## RARE DISEASE DAY

### WHAT IS A RARE DISEASE?

Any disease, disorder, illness or condition affecting fewer than 200,000 people in the United States is considered rare.

BY CAITLIN.YAMADA  
@iowastatedaily.com

Rare Disease Day, celebrated Feb. 28, brings awareness to the one in 20 people who live with a rare disease.

A rare disease is defined as any disease, disorder, illness or condition that affects fewer than 200,000 in the United States, according to the National Organization for Rare Disorders (NORD).

There are an estimated 7,000 existing rare diseases. Yet despite the large number of people who have rare diseases, only five

>> **RARE** PG8



KENNEDY DERAEDT/ IOWA STATE DAILY

Director of Facilities John Nash (left), Regent Milt Dakovich (middle), and Regent Patty Cownie, (right) at the Board of Regents meeting on Wednesday.

## Regents discuss financial aid, mental health

BY ELI.HARRIS  
@iowastatedaily.com

The Iowa Board of Regents met Wednesday in the Iowa State Alumni Center to address several topics including student financial aid, mental health resources and online coursework. Here's a brief look at what was discussed:

### STUDENT FINANCIAL AID REPORT

Student aid is an issue that the board hears about periodically. In a presentation, the panel saw that Regent financial aid has been increasing over the past several years with \$277.1 million in funding from 2017-18. About 70 percent of that figure is composed of undergraduates.

Several issues of student debt were addressed, including the expected unmet need for tuition costs of Iowa families. The total estimated unmet need is \$38.3 million statewide, which amounts to \$4,590 per family.

In addition to the unmet financial needs of families, it was estimated that the average Parent Plus Loan for a student is \$9,524.

Despite the issues faced by the board, the overall message was one of positivity. Large numbers of students are graduating with zero dollars in debt or very close. The default rate on loans for Iowa State students was also reported to be around 2.9 percent in a three-year window.

### FACULTY FELLOWSHIP PROGRAM

Sara Marcketti, of the Miller Faculty Fellowship Program, gave a presentation about the benefits that it has brought to Iowa State. She claimed that the program benefits students and professors alike because it allows them to work together on projects and improve undergraduate courses. Faculty members may apply to take part and could receive up to \$15,000 in support.

### STUDENT MENTAL HEALTH

Student health had a special presentation in which Erin Baldwin, assistant vice president for Student Health Services, spoke about the situation on campus. She began by reinforcing the

>> **REGENTS** PG8



CALENDAR

2.28.19

**BIEDA Week: Rock Your Body** 4 p.m. to 5:30 p.m. 3430 Beyer Hall. A fun, energizing cardio dance class. Snacks and beverages will be provided. Hosted by the Body Image and Eating Disorder Awareness (BIEDA) student organization as part of National Eating Disorder Awareness Week.

**Mvsokke Community Futurity: A Map to the Next World** 5:10 p.m. to 6 p.m. at 1210 LeBaron Mvsokke scholar Laura Harjo, an assistant professor of community and regional planning at the University of New Mexico, will speak about indigenous feminist space, place and mapping theories as part of the Contemporary Issues in Planning and Design Lecture Series at Iowa State. Her talk is cosponsored by the Department of Community and Regional Planning, urban design graduate program, American Indian studies program and College of Design.

**Cyclone Cinema: Ralph Breaks the Internet** 7 p.m. at Carver Hall 101. Ralph Breaks the Internet, a PG fantasy/adventure movie rated 3.5 stars. Watch Ralph and Vanellope von Schweetz travel the World Wide Web on a mission. They risk it all to save the video game, “Sugar Rush” with the help of citizens of the internet.

**Funky MojoDaddy w/ Rob Lumbard** 8 p.m. at the M-Shop. Genre: Chicago Blues | For Fans of: Ken Kinsey, Buddy Guy, Carl Weathersby, The Kinsey Report. Top-shelf musicians who have built a high-energy blues, funk/soul, roots-rock supergroup who thread the spirit of the past into creative, passionate playing.

3.1.19

**Iowa State Conference on Race and Ethnicity** 8:15 a.m. to 5 p.m. at Memorial Union. ISCORE is the university’s local initiative designed to provide an ongoing platform of sharing and applying new knowledge through presentations and workshops. The conference supports the university’s Mission to “create, share and apply knowledge ... and make Iowa and the world a better place.” This year’s keynote will be delivered by Vernon Wall, LeaderShape Inc., Washington, D.C.

**Retirement reception: Ed Logan** 10 a.m. to 12 p.m. at Maintenance Shop, Memorial Union. Ed Logan, a facilities mechanic at the Memorial Union, is retiring after 25 years of service to the university.

Retirement reception: Barb Cole 12:30 p.m. to 1:30 p.m. at Knapp Storms dining complex Barb Cole, a baker in ISU Dining’s central bakery, is retiring after 33 years of service to ISU Dining.

**Friday Research Seminar: The Art of Asking Questions** 12:10 p.m. to 1:00 pm @ 130 Design. How do questions influence the thinking process in design? To what extent do (high-level) questions influence problem definition and shape idea generation? How does one learn to ask “good” questions? In this talk, Carlos Cardoso, associate professor of industrial design, will discuss the role of question-asking in designing as part of his research in design methodology.

All events courtesy of event.iastate.edu.

FEATURE PHOTO



TAYLOR BLUM/ IOWA STATE DAILY

» Taking a spin on the pottery wheel

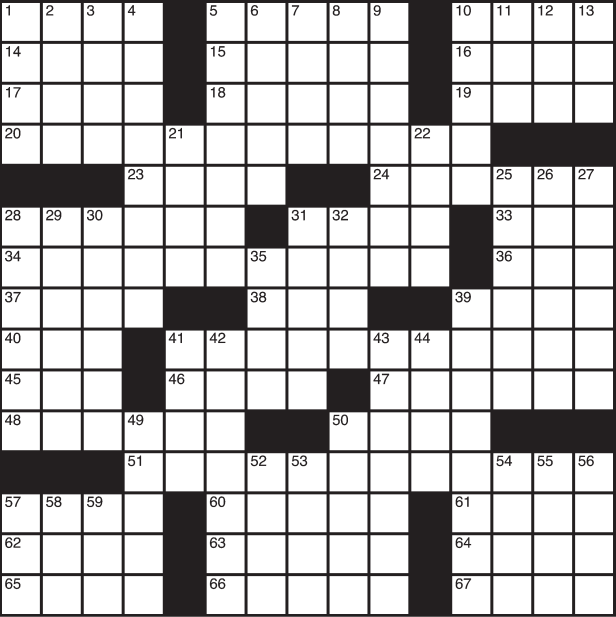
Dale Feazell, senior in mechanical engineering, works on ceramics at the Workspace in the Memorial Union on Wednesday. The workspace offers classes and walk in crafts.

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Crossword



- were abandoned  
19 Hot  
20 \*Garden display  
23 Oklahoma tribe  
24 Sends regrets  
28 Crazy Muppet drummer  
31 Bright light  
33 Bamboozled  
34 \*Paper fastener  
36 Where Andy Capp ‘angs ‘is at  
37 Noggin  
38 Go in haste  
39 Stretch  
40 Med. lab letters  
41 \*Feature of some kilts  
45 Actor Wallach  
46 Creatures of habit?  
47 Unfancy to the max?  
48 Ready to be served  
50 Three French horns, in a Prokofiev classic  
51 Electrician’s covers, and a hint to the ends of the answers to starred clues  
57 Take a verbal shot at  
60 Small porch  
61 Sitarist Shankar  
62 Busy  
63 Mel-Tones frontman  
64 Place for the first 42-Down?  
65 Opens, as a car trunk  
66 Sprinter’s asset  
67 Stinky

- Down  
1 Pitch indicator  
2 Get back on one’s feet

YESTERDAY’S ANSWERS  
DOTELL ASOF BRUT  
TRIVIA LIRA LURE  
STEAMS INTROUBLE  
BINGCHERRY  
CMS KOHL SETTOS  
CHIEF MTA EURO  
LASCALA ITSADREAL  
ORS REDCROSS STA  
MISHMASH PAPADOC  
POCO APE SHARE  
STATUS RAKE SYS  
ROSEPARADE  
SILVERADO JIMDEAD  
KNEE GAEL TIRADE  
ATTN ERSE STJUDE

- Across  
1 Like much Oscar-night attire  
5 Under-the-sink installation  
10 Take a shine to?  
14 Jazz singer Horne  
15 Island near Curaçao  
16 1930s migrant to California  
17 Far \_\_\_\_  
18 River where Romulus and Remus

- 3 “You are \_\_\_\_ much trouble!”  
4 Supervillain with a whip  
5 Pounds a beat  
6 Sheer nonsense  
7 Hick  
8 Disable the security system for, say  
9 Lightweight umbrella  
10 Domineering  
11 Maui strings  
12 Tough spot  
13 Tina of “Date Night”  
21 Abbr. for the nameless?  
22 Shipping route  
25 Patronize  
26 Jet legend  
27 Danish seaport  
28 Moseys  
29 Compass point?  
30 Venezia’s land  
31 Innocents  
32 Foil kin  
35 Deli slicing request  
39 Old salt  
41 More than suspected  
42 Colony residents  
43 Sat (down) ungracefully  
44 Hang out in the hammock  
49 USAF E-6’s  
50 Question before “Yeah, you!”  
52 ‘Vette roof option  
53 Pear remnant  
54 “Yay, me!”  
55 Neck and neck  
56 Hole on the green  
57 Static jolt  
58 Skater Midori  
59 Swig

Sudoku  
by the Mephram Group

		4		9		2	8		
2			3						5
7	3				9	6	2		
			9	4		8	3		
			5		2			1	4
6							1		9
			1	2		7		3	

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9.  
For strategies on how to solve Sudoku, visit [www.sudoku.org.uk](http://www.sudoku.org.uk)

IOWA STATE DAILY

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**Publication:**  
ISU students subscribe to the Iowa State Daily through activity fees paid to the Government of the Student Body.

**Summer sessions:**  
The Iowa State Daily is published digitally on a daily basis.  
Opinions expressed in editorials belong to the Iowa State Daily Editorial Board.

**Subscription costs:**  
Subscriptions are 40 cents per copy or \$40 annually for mailed subscriptions to ISU students, faculty and staff. Subscriptions are \$62 annually for the general public.

**Postmaster:**  
(USPS 796-870)  
Send address changes to: Iowa State Daily 2420 Lincoln Way, Suite 205 Ames, Iowa 50014

**Fall & Spring sessions:**  
The Iowa State Daily is published Monday through Friday during the nine-month academic year, except for university holidays, scheduled breaks and the finals week.

The Daily is published by the Iowa State Daily Publication Board, 2420 Lincoln Way, Suite 205, Ames, Iowa, 50014.

The Publication Board meets at 5:15 p.m. on the fourth Wednesday of the month during the academic school year.

PERIODICALS POSTAGE

Main Office  
294-4120

Retail Advertising  
294-2403

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Editor  
284-5688

Front page weather courtesy of American Meteorological Society.



# Celebrating 19 years

## ISCORE to explore race and ethnicity at Iowa State, nation

BY CAITLIN.YAMADA  
@iowastatedaily.com

The 19th Thomas L. Hill Iowa State Conference on Race and Ethnicity (ISCORE) will explore issues of race and ethnicity on a local and national scale on Friday.

“[ISCORE] is the university’s local initiative designed to provide an ongoing platform of sharing and applying new knowledge through presentations and workshops,” according to the ISCORE website. “The conference supports the university’s mission to ‘create, share and apply knowledge ... and make Iowa and the world a better place.’”

Starting at 8 a.m. in the Sun Room of the Memorial Union, a continental breakfast will transition into the welcome and opening address by Theresa Cooper, the assistant dean for the College of Agriculture and Life Sciences.

According to the ISCORE program, Cooper “leads efforts to identify new opportunities to enhance diversity and inclusion goals to benefit students, faculty and staff; and connects with Historically Black Colleges and Universities, Tribal Institutions and Hispanic Serving Institutions nationwide in terms of teaching, research and outreach/extension activities.”

“She’s going to tell more of her life story about being in that field and growing up, as agriculture is a part of her life,” said Japannah Kellogg, the director of the NCORE-ISCORE.

After Cooper’s presentation, a variety of Iowa State students, faculty and staff who attended the National Conference on Race and Ethnicity in High Education will present on different issues and personal experiences relating to race and ethnicity.

The sessions will take place in 50-minute blocks from 10 to 11:50 a.m. and from 2:10 to 4 p.m. Each block has eight to nine different presentations.

“The Student-Athlete Experience through a Multicultural Lens,” “Changing the Conversation: I am Not a Minority” and



IOWA STATE DAILY  
Iowa State President Wendy Wintersteen gave her opening remarks at ISCORE on March 2, 2018. The ISCORE event will take place on Friday in the Sun Room of the Memorial Union.

“Exploring identity through Film: A Day in the Life of an MVP Scholar,” are a few examples of the presentations.

At noon, Vernon A. Wall will present the Keynote Address “One Better World.” Wall, the current director of business development for LeaderShape, Inc., has more than 30 years of professional student affairs experience from Iowa State, University of Georgia, UNC-Charlotte and UNC-Chapel Hill, according to the ISCORE program.

“He’s dedicated his life to impacting and empowering students,” Kellogg said.

A component that was added this year is an ISCORE Action Plan. The plan will allow attendees to identify three key points or strategies they can take from each session.

“Hopefully that empowers or entices the audience to do a little more reflection on how they take information and what’s useful,”

Kellogg said. “One of the things we try to stay with is increasing your awareness, knowledge and skills.”

By Tuesday, 345 students had pre-registered for the conference. Over 100 faculty had registered, and Kellogg said this number is the highest they have had. Kellogg expects this year to be the largest yet, with an estimated 900 to 1,000 people attending.

“I don’t get so caught up with the numbers, but I’m pretty excited about the people who want to come to the space,” Kellogg said.

Jowelle Mitchell, an Iowa State graduate and 2004 ISCORE participant, joined the ISCORE-NCORE office on Jan. 7 as the program assistant.

“I’m looking forward to the show to start,” Mitchell said. “To see my colleagues, students on campus and faculty and staff being intrigued and having that thinking cap on.”

## StuGov chief officers find compromise

BY EMILY.BERCH  
@iowastatedaily.com

The chief officers of Student Government released a joint statement Wednesday shedding light on their Saturday meeting, which happened in place of an emergency session.

The chief officers — President Julian Neely, Chief of Staff Liera Bender, Finance Director Seth Carter, Speaker Cody Woodruff, Vice Speaker Kelsey Culbertson and Vice President Juan Bibiloni, who facilitated the meeting alongside Student Government’s adviser Keith Robinder — said in the statement they “strive to be welcoming, accessible, transparent and fully inclusive,” and believe they have made progress but “still have much work to do.”

Neely and Woodruff each said the meeting was productive.

“There was a lot of listening and a lot of, I think, better understanding where each side was coming from,” Woodruff said.

Previously in a group chat for the chief officers, they discussed the impending snowstorm, and Neely asked Woodruff if he felt an emergency Senate meeting was the most appropriate way to handle the situation with Director of Residency Dozmen Lee. Woodruff said he was unsure, so the group canceled the meeting shortly before 5:30 p.m.

“We want to make sure it’s handled appropriately and everyone has been given a fair chance to have their voices heard,” Woodruff said. “We first, in order to make the most appropriate and the best action on this particular situation, we as chief officers needed to come together and clear the air, and I think we’ve done that.”

At the meeting, the group discussed communication issues between the two branches as well as the debate surrounding Lee.

Neely said he pushed for the resolution to remove Lee from his position be postponed indefinitely, and the group contacted Sen. Jacob Schrader, who wrote the bill and agreed with the chief officers’ decision.

The bill to remove Lee describes him as “abrasive” and details several instances where other members of Student Government and the Ames community were unhappy with his behavior.

Woodruff said he emphasized the bill to remove Lee did not stem from the Snapchat incident — rather, the Snapchat caused a group of senators to “snap.” Woodruff said he believed the other chief officers were receptive to his feelings.

Neely said moving forward, he will ensure the group will remain as transparent as possible, but a smaller chief officers meeting in place of a full Student Government meeting helped them set the framework.

“We wanted to have something as a foundation when we start having these conversations with everyone there — Senate, Cabinet, community members and students,” Neely said.

However, removal is still an option for Lee. The chief officers will meet again Friday, first only with each other, then with Lee and their advisers and eventually with the legislative and executive branches.

“We still have over a month in these roles, and we can get a lot of work done in that time, so we need to make sure those relationships are as strong as possible while also acknowledging we’re still going to disagree over the next month and a half on issues like this one,” Woodruff said.



IOWA STATE DAILY  
Iowa State student athletes speak about their experiences as a minority on a predominantly white campus. Hilary Green (gymnastics), Jorge Utrilla (golf), Sydney Converse (gymnastics), Braxton Lewis (football), and Chandler Diercks (track) were the five student athletes to discuss the topic. ISCORE was held on Mar. 2, 2018.





# Eating disorder recovery

## Specialist discusses barriers, access to treatment

SARAH HENRY/ IOWA STATE DAILY

S.J. Thompson, a writer and eating disorder specialist, shares stories from their own recovery process during their presentation on barriers and access to eating disorder treatments at the Memorial Union on Wednesday as a part of Body Image and Eating Disorder Awareness Week.

BY SAGE.SMITH  
@iowastatedaily.com

Eating disorder recovery coach and consultant Sarah Thompson (S.J.) gave a lecture “But You Don’t Look Like You Have an Eating Disorder...” on Wednesday as the third event of Iowa State’s Body Image and Eating Disorder Awareness Week.

S.J. works to educate people on aspects of eating disorders, such as barriers to diagnosis, weight stigma and body trust.

During their lecture, S.J. said the first diet book was published in 1918, the first bathroom scale was introduced in 1919 and women received the ability to vote in 1920.

“I do not think that it was a coincidence that dieting started to be reported and a concern when women were starting to take their rights back,” S.J. said. “People that are obsessed with their bodies and obsessed with food and counting calories do not have time to be protesting.”

One part of eating disorders S.J. spoke about was body trust. According to the Be Nourished website, the definition of body trust “is a radical revisioning of what it means to occupy and care for your body.”

“Most of us lose that ability to trust our bodies,” S.J. said. “The work that I do with people is to help them to learn trust their bodies again and to keep doing the things so eventually their bodies learn to trust them again.”

S.J. also listed some statistics surrounding eating disorders.

Sixty-nine percent of people said doctors were the second most common way they experienced weight stigma, with the first being from family members. Sixty percent said that bullying contributes to eating disorders, and 60 percent of “occasional dieters” developed disordered eating or an eating disorder and 91 percent of college women have dieted.

S.J. said there are a variety of barriers to diagnosis and treatment. There barriers include cost, as Medicare doesn’t cover it. Many have to take off work and there is no residential treatment in Iowa so patients have to travel for treatment.

“In addition to it being expensive, people can’t take time off work to go to treatment because how are they going to pay their bills if they are not working,” S.J. said. “There’s the added cost of how to get to treatment.”

In addition to the barriers, S.J. said there

are many people who are overlooked when it comes to eating disorders. S.J. said that women who are experiencing menopause, puberty, people of color or indigenous people, athletes, people with disabilities, large-bodied people are some of these people often overlooked.

Money, food and food security are also issues facing those with eating disorders. The more food insecure someone was, the more eating disorder pathology behaviors they have, S.J. said.

“We all have an inherent right to trust our bodies and to heal from food shame,” S.J. said.

S.J. said they recommended healthy behaviors such as getting enough sleep, eating enough food, staying hydrated and managing stress.

“If you hate your body you’re going to be way less likely to do any of these health behaviors,” S.J. said. “Heal your relationship with your body will result in more of a desire to do health behaviors.”

Iowa State students who are seeking to speak to someone about these issues can visit the counseling center, on third story of student counseling building. Walk-ins are from 8 a.m. to 2 p.m. Monday through Thursday.



GRANT TETMEYER/ ISD

Dr. Chris Widga discusses the genetic diversity and lineage of domestic dogs.

## Understanding America’s earliest dogs

BY JORDYN.DUBOIS  
@iowastatedaily.com

Everyone knows dogs evolved from wolves, but how true does this hold up to the genetics?

Chris Widga, the head curator at the East Tennessee State University Museum of Natural History, said he thinks a lot about what’s in his own backyard.

Widga said we don’t know where the first domestication of dogs came from, but it is hypothesized it could have started from a direct selection from the local wolf populations or unintentional selection of human-tolerant wolves.

Widga has been working with Dennis Lawler, a retired doctor of veterinary medicine and archeologist Angela Perri, to look at the ancient DNA in dogs.

The research has provided answers as to the unique genetic structure of America’s first dogs through the DNA evidence recovered from several ancient animals.

The team’s research has offered some insight into the complex evolution of canine history.

“We’re always trying to push the envelope and understand more of these things,” Widga said.

Widga’s fascination with dogs started when he saw remains of a dog from a bison kill site in Cherokee County. The remains dated to 7,000 years ago.

Widga said dogs are hugely diverse, but yet very similar genetically. He said they evolved from gray wolves but also in a cultural environment.

“There’s about a .2 percent difference between dogs and wolves genetically,” Widga said. “That’s about the same as our genetic history and Neanderthals.”

Widga said they don’t see much retention of native dogs in any dogs that exist in North America today. They are still working on the years between human colonization and when the earliest remains are dated to, which is about 4,500 years ago.

“It’s kinda cool to see how they’re super related to the wolves,” said Taylor Baranski, a sophomore in environmental science.

Baranski said the lecture was a lot of explanations of smaller topics that are still being researched.

“It’s a process, not an event,” Widga said.

He said based off joint injuries that can be seen in the dogs bones, they can tell the animals have been used for many different things including working dogs, hunting aids and traction, herding, sanitation, security and even occasionally food.

“Dogs are already embedded in all aspects of human culture in the midwest at this point and it’s really interesting,” Widga said. “It suggests that was not catching the whole story.”

Widga said there are still major improvements occurring in the methodological studies used and better recovery of DNA.

### » SPEECH Pg1

there are plans among senators to either amend the resolution or possibly rescind it.

An order, titled “Rescinding Executive Order 2018-01-22,” called for the removal of Director of Residency Dozmen Lee. During the adoption of the agenda, the order was officially struck from the agenda.

The Senate will also see an act, titled “P&C Amendment for Professional Development,” to accommodate for the growing need for increased professional development, specifically for Student Legal Services.

An amendment was added to adjust a misstatement made regarding the financial situation of Student Legal Services. A representative of SLC, Michael Levine, attended the meeting to speak and correct the statement. The following quote was specifically referred to clarify the language that was not entirely correct.

“Student Legal Services is funded entirely by Student Government and is specifically for students, yet employees there are forced to pay out-of-pocket expenses for professional development,” according to the document.

Levine said the language made it seem as if all expenses for professionals were paid out of pocket, which was untrue. The increase in funding would allow Student Legal Services to attend important conferences, as the cost of professional development has increased substantially, and the funding has not increased.

The phrasing was altered to read as follows:

“Student Legal Services is funded entirely by Student Government and is specifically for students, and whereas the cost of attendance for professional development has increased significantly without a corresponding increase in allocations,” according to the updated amendment.

The amendment was accepted by



MADELYN OSTENDORF/ IOWA STATE DAILY

Finance Director Seth Carter discusses amendments needed to be made to funding bills on Wednesday.

unanimous consent.

The act amends the total allotment given to the “Professional Development” section of the Priorities and Criteria form \$1,500 per professional employee per year to \$3,000.

The act was approved with a vote of 25-0-0.

The Ames Student Association for Malaysians requested \$4000 to assist them in hosting an event to

celebrate the Malaysian Cultural Night. The event will be held April 27 for an estimated 500 people and the funding would allow the club to decrease the cost of traditional food. The organizations exists to enhance communication and promote Malaysian Culture among its constituents and Iowa State’s students, faculty and staff.

The funding request was tabled by unanimous consent.



GUEST COLUMN



TAYLOR HAGIE/ IOWA STATE DAILY

Justin Moore talks about the environmental features of the “Ames Plan 2040: Live | Grow | Belong” on Feb. 5 at the Ames Public Library.

# Ames plan for 2040 needs you

## Campus event will facilitate feedback from Iowa State

BY JOHN.HAILA  
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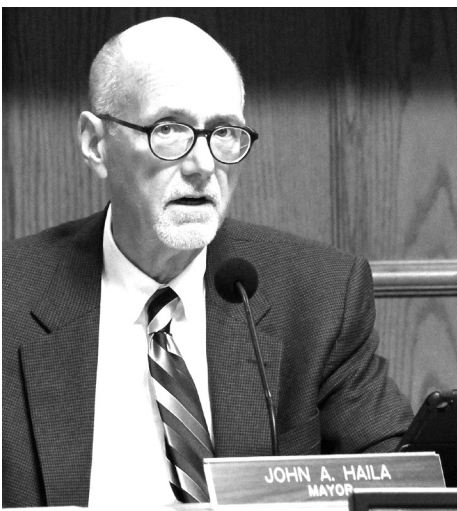
The Iowa State University community has an exciting opportunity to partner with the city of Ames to help plan for the future. Ames currently utilizes a two-decades-old Land Use Policy Plan (LUPP) for city planning and city council decision-making. It’s time for a plan update. With public input, the new “Ames Plan 2040: Live | Grow | Belong” will provide direction for the future.

To create a successful plan, we need diverse, extensive and thoughtful citizen input. As your Mayor, I am asking you to get involved. Students, faculty and staff are encouraged to stop by the Pioneer Room, on the third floor of the Memorial Union, from 11 a.m. to 3 p.m. on Wednesday, March 13. This come-and-go “Snack N Share” event is sponsored by the ISU

Community & Regional Planning Club with assistance from the City of Ames Planning & Housing Department. It will be set up so participants can grab some free munchies and provide public input quickly through talking to staff and club members while looking at interactive displays.

The CRP Club will be holding several “pop-up” events at various locations around campus including places such as the College of Design, the Parks Library or the Gerdin Business Building. Please look for these opportunities to get involved and share your thoughts.

The current LUPP was adopted in 1997. Although it’s been updated, the plan is overdue for a full revision. Since 1997, Ames has grown by more than 16,000 people. We have eclipsed the population growth projections and varied from some of the development concepts included in the current LUPP. Two years ago, the Ames City Council recognized the need for a complete rewrite and directed staff to begin exploring options for a new plan. We retained a consultant to assist in the plan creation. After early discussions, the city council broadened the focus beyond land use and decided a Comprehensive Plan would provide



GILLIAN HOLTE/ IOWA STATE DAILY

Mayor John Haila would like input from students on the Ames plan for 2040.

better direction. The new plan will incorporate a wide range of topics, concepts, and issues that will assist council in setting policy and making decisions over the next 10 to 20 years.

On Dec. 18, 2018, council convened a work session with staff and the consultant to start the planning process. The results of that session can be viewed on the city’s website ([www.](http://www.CityOfAmes.org/AmesPlan2040)

[CityOfAmes.org/AmesPlan2040](http://www.CityOfAmes.org/AmesPlan2040)) along with project updates, meetings, news and a survey.

Gathering citizen input is an essential component of this new plan. Opinions on community priorities, housing development sizes, types and locations; preferences on city growth; sustainability opportunities; quality of life initiatives and other salient issues that help strengthen our community are all considerations of the new plan.

Whether you live in Ames or not, I encourage everyone to participate. This document will be used to plan our community and implement change. Its success relies on an accurate representation of our entire community’s priorities and vision, and that can only be achieved through your participation in the plan creation. So let’s work together and collaborate in a thoughtful and balanced community-wide conversation. Please be part of the planning process as we collectively embark upon Ames Plan 2040: Live | Grow | Belong. We look forward to hearing from you!

*John Haila became the Mayor of Ames in January 2018. A retired architect and Iowa State University graduate, John and his wife, Mary, have two sons, two daughters-in-law and eight grandchildren.*

EDITORIAL

## Take classes outside your major

For many higher education students, they are expected to follow a four-year plan. Many colleges even have prerequisite courses that focus on making sure students understand the required classes of the major and minors.

While beneficial and allows for students to feel comfortable in what may lay ahead, it inhibits the ability of students to broaden their educational horizons. It should not be frowned upon for engineering majors to take creativity-focused/non-math-related classes, just as liberal arts majors should enroll into science-related classes.

As registration for the summer and fall semesters approaches, the ISD Editorial Board encourages students of all colleges and majors to take a course not for the sake of their degree, but rather for their curiosity and intellectual growth.

In today’s age, most people are set

in their own ways and have a lagging understanding of what it means to see a viewpoint from another’s perspectives. This growing dichotomy prevents people from ever seeking out viewpoints different from their own, or truly understanding that you can listen to another person’s ideologies without having to give up on your own.

While there are obvious counterpoints to taking non-major related electives, such as stalling graduation or having to invest more financially. For students barely able to attend college with the rising costs of tuition, it is understandable while many make it their goal to get a degree and get out. Additionally, the stress of a class unrelated to your major may feel unnecessary or burdensome.

However, if you have the opportunity to fit electives into your four-year, five-year of perhaps six-year plan, try and do

so. If not, take advantage of the fact that Iowa State requires each student to take diversity-related courses as an opportunity to learn more about an experience, identity or perspective separate from your own.

But also take classes because you want to. We are fortunate to go to a university that has this level of flexibility.

Not sure what classes to try? We have a few examples:

- THTRE 106 (Introduction to the Performing Arts)
- HSPM 383 (Introduction to Wine, Beer and Spirits)
- AF AM 201 (Introduction to African American Studies)
- WGS 201 (Introduction to Women’s Studies)

College is the time to try new things. Explore new countries and new classes. Broaden your horizons, Cyclones!

### Editorial Board

Alex Connor, editor-in-chief  
Melanie De Anda, opinion editor  
Megan Petzold, columnist  
Max Goldberg, student  
Seth Pierce, student

Opinions expressed in columns and letters are those of the author(s) and do not necessarily reflect the opinions of the Daily or organizations with which the author(s) are associated.

### Feedback policy:

The Daily encourages discussion but does not guarantee its publication. We reserve the right to edit or reject any letter or online feedback.

Send your letters to [letters@iowastatedaily.com](mailto:letters@iowastatedaily.com). Letters must include the name(s), phone number(s), majors and/or group affiliation(s) and year in school of the author(s). Phone numbers and addresses will not be published.

Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.



# Cyclones face defensive challenges

## Playing small big for men's basketball

BY AARON.MARNER  
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A lot has been made about Iowa State's up and down season this year.

Coach Steve Prohm has said he has an 'A' and 'B' team. The 'A' team can beat anyone, anywhere, anytime.

The 'B' team? It lacks energy, doesn't move the ball offensively and has defensive gaps all over the place. The defensive issues Iowa State has had lately have shown just how troubling the 'B' team can be. That issue is only exacerbated by the reliance on playing small.

Prohm has said multiple times this season he wants to play small. The Cyclones have a handful of more than capable guards, from redshirt seniors Nick Weiler-Babb and Marial Shayok all the way to freshmen Tyrese Haliburton and Talen Horton-Tucker. Off the bench is sophomore guard Lindell Wigginton, the immensely talented scorer who averaged 16 points per game last year.

But playing small comes at a cost. Lately, that cost has been rebounding.

This year, opponents are grabbing 29.3 percent of their missed shots against Iowa State. The nation's average is 28.5 percent. Iowa State is ranked 228th nationally out of 353 teams in defensive rebounding percentage.

"We gave 12 offensive rebounds up," Prohm said after a 78-61 win over Oklahoma on Monday. "That's too many. When you look at it mathematically, we want to give up less than 25 percent of our misses ... if they're rebounding 40 percent of their misses, we're in trouble."

Prohm said that was the issue in the recent loss to Baylor, along with the December loss at in-state rival Iowa. Iowa rebounded a miraculous 60.7 percent of its misses, grabbing 17

offensive rebounds while the Cyclones mustered 11 defensive rebounds.

It's not hard to see why the Cyclones are giving up too many boards.

Two teams — Texas Christian (TCU) and Baylor — have swept Iowa State this season. Those two teams play considerably different styles, but they have the same result — Iowa State ends up with mismatches in the paint and the forwards have to make a tough choice between contesting a shot or boxing out.

In one play against Oklahoma on Monday, the Cyclones had just one true post player, redshirt sophomore Cameron Lard, in the game as Oklahoma went with a bigger lineup. Oklahoma's Rashard Odomes drove into the middle of the paint as Lard slid over to contest a shot. Lard went for the block, leaving 6-foot-10 Oklahoma forward Jamuni McNeace wide open under the rim. McNeace had a clear lane for an offensive rebound.

Just one minute later, Oklahoma re-inserted 6-foot-9 sophomore Brady Manek, while 6-foot-10 Matt Freeman replaced McNeace. Manek, now matched up with a guard (Haliburton, in this case) moved into the post and backed down his smaller defender.

Lard sensed the mismatch and shaded over to the paint, ready to contest at the rim. Manek went up for the shot and missed, but it left Iowa State redshirt senior Zoran Talley Jr. on his own to rebound against Odomes and Freeman.

One one hand, it's fully possible Lard's shot contest made the difference and forced Manek to miss his shot. But it left Oklahoma with a very high likelihood of grabbing the rebound and tipping it back in — just like Odomes did on this play.

If dribble penetration can't be stopped, it leaves Lard, or redshirt junior forward Michael Jacobson, as the last line of defense. And for those two, a tough decision remains: should they go for the block, which leaves the backside of the rim open for an offensive rebound? Or should they box out and wait for a shot that, without their help defense, might not be a miss in the first place?

"It's hard just because the game is moving full



MIKINNA KERNS/ IOWA STATE DAILY

Redshirt junior forward Michael Jacobson drives to the basket Feb. 9 against TCU.

speed," Jacobson said. "It's hard to gauge. You try to make the right play in the moment but basketball is not a perfect game. You're gonna make mistakes."

"Guys like Cam, he can maybe chase a few more [blocks] than I can. My thing is probably more trying to cut the guy off early."

Iowa State hasn't tried a two-big lineup this season very much, which could be a possible solution. In this case, Oklahoma chose to counter the Cyclones' small lineup by placing Manek and Freeman in the game together.

Barring a switch, Jacobson or Lard likely would've been defending Manek. If that's the case, the other big doesn't need to help as far

over in the paint and could be in better position to rebound.

It's a risk-reward decision, given Iowa State's top-10 offense and, at times, suffocating perimeter defense. Iowa State's run in the NCAA Tournament (or lack of a run) could depend upon its ability to rebound and make the right decisions.

"It's simple, I think," Jacobson said. "Bigs gotta check their guys off, guards gotta rebound down and get around the ball for the long misses."

"We know the talent we have in the room, we know what we can do. If we're right, we can beat anybody."

## Breaking down the NCAA's postseason wrestling process

BY TREVOR.HOLBROOK  
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March marks one of the jam-packed months of the year.

Baseball continues its spring training, Cinderella teams emerge in the NCAA basketball tournaments and wrestling shines on a broader scale, appearing on ESPN and ESPNU three days in a row.

As Iowa State's wrestling program improved this season, more Cyclone fans have jumped on the bandwagon and plan to follow the wrestlers to the NCAA Championships.

March also presents a lot of rules and processes for postseason events, which aren't always clearly stated and can cause confusion for newer (and even seasoned) fans.

With that said, kick back and relax. Let's dive into the NCAA rules and formats for wrestling's NCAA Tournament.

### ALLOCATIONS

This is a big one.

Automatic qualifying allocations for the NCAA Championships are distributed through conference tournaments. To receive a bid, an individual needs to finish in a certain place at his

weight to earn it.

For example, the Big 12 had five allocations for 149-pounds last season. Iowa State's Jarrett Degen finished third to earn a trip to Cleveland.

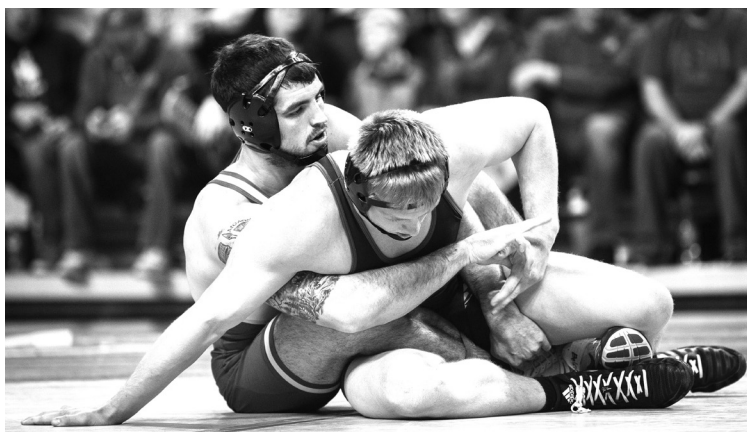
On the flip side, 141-pounds Iowa State's Ian Parker finished fifth, but his ticket didn't get punched. The reason being, the Big 12 had three spots available for the NCAA Championships at 141-pounds.

Each weight sends 33 athletes to the big dance, but those spots are distributed between eight conferences. The top conference receives more allocations than smaller or worse conferences.

It's also noteworthy that not all 33 spots are allocated at the conference tournaments. Last season, the highest amount of allocations given for a weight was 29, leaving at least four openings for each weight class — these are called at-large bids.

In 2019, there will be 40 at-large bids up for grabs. Essentially, the at-large bids help protect a heavy favorite who gets upset or has to withdraw from injury or just missed the cut to still make it. A committee votes on the at-large bids.

Long story short: the easiest path to the NCAA Championships is to earn



MIKINNA KERNS/ IOWA STATE DAILY

Redshirt senior Willie Miklus wrestles redshirt freshman Ashton Seely during the Iowa State vs. Utah Valley dual meet Feb. 3 in Hilton Coliseum.

an allocation at a conference tournament, and you're in.

### WHO GETS ALLOCATIONS?

As previously mentioned, better conferences collect more allocations. Conferences also earn allocations through its individual wrestlers, but the wrestlers don't automatically receive the allocation: they have to earn it at the conference tournament.

For example, Wrestler A receives an allocation for the Big 12 at 125 pounds. The Big 12 has three allocations in this example. Wrestler A finishes fourth at the Big 12 Tournament.

Wrestler A doesn't automatically qualify for the NCAA Championships (he could get an at-large bid, though).

Before they can earn allocations for their conference, individuals have to pass criteria. The three criteria involves ratings percentage index (RPI), Division I winning percentage at the weight class and coaches' ranking.

They have to meet two of the three criteria.

### WINNING PERCENTAGE

This is likely the simplest criteria to understand. Essentially, an athlete has

to compete in eight matches against Division I opponents at a specific weight class. The threshold that's relevant is a .700 winning percentage.

Medical forfeits and forfeits also count toward the eight matches, but not toward RPI.

### RPI

RPI is tallied through 50 percent opponents winning percentage, 25 percent RPI winning percentage and 25 percent opponents' opponents winning percentage. All three are gathered from only Division I matches.

This essentially serves as a strength of schedule type of criteria. To receive an RPI, 17 matches at the Division I level are required at the weight class. Forfeits and medical forfeits don't count, but injury defaults do.

The target goal here is a top 30 spot.

### COACHES RANKINGS

Another pretty simple one is the coaches rankings. Five Division I matches at the weight class are required and one match within the last 30 days is needed to be eligible in the coaches rankings.

The goal here is to also hit the Top 30. The allocations will be released on Thursday.



## REVIEW

# New twist on an old classic

## ISU Theatre energizes ‘Sense and Sensibility’

BY AVERI.BAUDLER  
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The Iowa State Department of Theater opened their production of “Sense and Sensibility” at Fisher Theater over the weekend, bringing with it an entertaining couple of hours that left audiences more than satisfied.

Based on Jane Austen’s classic novel, “Sense and Sensibility” follows the story of the Dashwood sisters, Elinor and Marianne, when the death of their father forces them out of their home into financial and social disarray. The play begins with Henry Dashwood’s death and the discovery that he has left his house to his son, John. Upon this realization, Mrs. Dashwood and her three daughters are left trying to find a place to go.

As the Dashwood women try to deal with restarting their life in a new home, the audience gets to see Elinor and Marianne navigate life and love while they form and end relationships.

As the show progressed it was interesting to witness the dynamic between the more serious and composed Elinor, played by Olivia Griffith, and the spirited and passionate Marianne, played by Erica Walling, as they dealt with similar situations.

The actresses did a great job of staying true to their character while also respecting and acknowledging the differences between the two women, which allowed the audience to see their sisterly relationship grow and change throughout the show.

Though all of the actors were fantastic, the Dashwood sisters did a great job of showing the true dynamic of familial relationships within an everyday household. Isabella Witte played the youngest Dashwood sister, Margaret, and brought a fun and childish energy to the stage that often kept the audience laughing and gave the show some levity goofiness at times.

“Sense and Sensibility” explored what it’s like to court and progress in a relationship



TAYLOR BLUM/ IOWA STATE DAILY

Olivia Griffith (left), Erica Walling (center), and Isabella Witte (right) are focused during their play rehearsal of “Sense and Sensibility” on Feb. 20.

with someone and didn’t hold back when it came to all of the awkward hilarity that can often accompany that process. There were many times where the audience would laugh in solidarity with the characters on stage as they navigated their relationships, as if to say, “I’ve totally been there.”

An impressive part of the show is how all of the characters spoke with a British accent. Set in Regency-era England, the actors’ accents, in addition to their incorporation of the manners that were common at the time, really allowed the audience to travel to the time period.

The set was fluid and appropriate for the show, moving from scene to scene, giving the show dimension. The actors were incorporated into the set, framing each scene while they were “offstage,” sitting and sometimes acting on both sides of the stage for the duration of the show. This allowed transitions to move quickly and gave “Sense and Sensibility” momentum as the actors were able to move in and out of scenes quickly.

ISU Theatre’s version of the classic story was accompanied by string arrangements of modern, more contemporary music. Musical cuts from artists such as Radiohead, Lorde

and the Pixies accented emotion in the scenes they played over. Audience members spent the show guessing what each song was, chuckling in surprise to hear it was “Royals” or Macklemore and Ryan Lewis’ “Thrift Shop.”

“Sense and Sensibility” was a well executed play filled with talented actors, directors and crew members that showed audiences a fun and relatable story.

Those who missed the first weekend of its run still have a chance to see performances at 7:30 p.m. Friday and Saturday or 2 p.m. Sunday. All performances are at Fisher Theater in Ames.

## AfterDark brings ‘Queer Eye’ star and upcoming comedian

BY MARGARET.TROUP  
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“Queer Eye” star and chef Antoni Porowski will make an appearance at the second ISU AfterDark event of the semester.

ISU AfterDark will take place Friday in the Great Hall of the Memorial Union. Comedian Becky Robinson will perform at 9 p.m. followed by Porowski at 11 p.m.

Porowski is known best as one of the new “Fab Five” in the Netflix revival of Bravo’s reality show “Queer Eye.” In each episode, he and his fellow hosts give contestants a total life makeover. From fashion style and personal grooming to cuisine choices, the Fab Five give advice on it all, with Porowski specializing

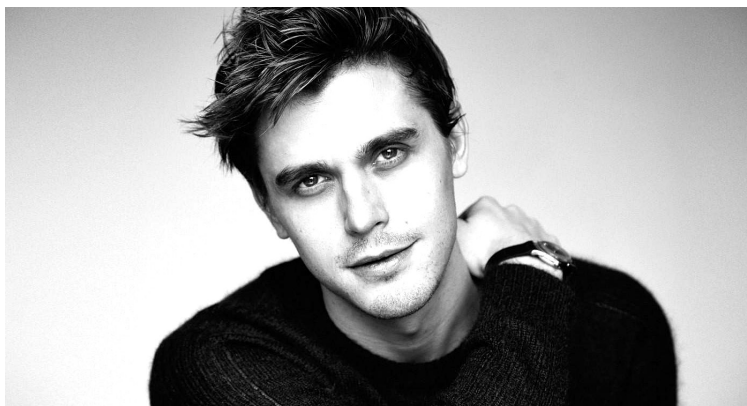
in food and wine.

Porowski has previously appeared in director James Franco’s 2018 film “The Pretenders.” He’s also set to star in the upcoming horror film “Blood Surf,” set for release sometime later this year.

“Porowski will be doing a 20 minute cooking demonstration and a 40 minute Q&A,” said Steven Chounlamany, the special events co-director of the Student Union Board.

In the moderated Q&A, Porowski will answer attendees’ questions about “Queer Eye,” his acting career and his personal life.

SUB puts on ISU AfterDark events multiple times every semester, always looking for what’s new and upcoming. AfterDark is always



COURTESY OF SUB

Antoni Porowski is best known from Netflix’s revival of “Queer Eye.”

planned semesters in advance, meaning SUB has to put a lot of thought into finding big acts.

“We usually have a conversation on who the college campus would like to see in AfterDark,”

Chounlamany said.

Preceding Porowski will be comedian Becky Robinson, known for her work on the MTV shows “Wildin’ Out” and “Actin’ Out,” as well as her appearance on ABC’s “The

Bachelor.”

Robinson has been invited to perform her comedy routines on “Laughs” on FOX and NuvoTV’s “Cabo Comedy Festival Fresh Faces.”

In addition to her comedy résumé, she has also appeared on “The Tonight Show with Jimmy Fallon,” “Late Night with Seth Meyers” and “Jimmy Kimmel Live!”

ISU AfterDark events are free for all attendees. Outside of the special guests, other activities that will be available are karaoke, bowling, billiards, bingo, free Panda Express and an escape room. There will also be a Workspace Craft where you can paint your own sunburst painting.

ISU Afterdark will start at 9 p.m. and will go until 1 a.m.



➤➤ **RARE** PG1

“The lack of scientific knowledge and quality information on the disease often results in a delay in diagnosis,” according to the Rare Disease Day website. “Also the need for appropriate quality health care engenders inequalities and difficulties in access to treatment and care. This often results in heavy social and financial burdens on patients.”

The campaign started as a European event and now more than 90 countries have participated in both 2017 and 2019, according to the Rare Disease Day website.

A zebra is seen as the official symbol of rare diseases in the United States.

At Iowa State, the celebration was started in 2017 by Scarlett Eagle, a junior in genetics who lives with a rare disease.

The condition causes joint pain and dislocation. Any sort of stress Eagle puts on her body, whether it be walking to class or sitting in a hard chair, causes pain.

Eagle also started a rare disease awareness club this year that meets monthly and includes presentations from students and community members affected by rare conditions, according to their student organization page.

"Dr. Elliott has been at Blank Children's Hospital since 1977 as a pediatric hematology/oncology specialist and also serving patients in general pediatrics and infectious diseases," according to Blank Children's Hospital UnityPoint website.

Eagle said he will be discussing his personal experience with diagnosing rare conditions in central Iowa.

Last year, some of the conditions represented included Oculocutaneous Albinism, Ehlers-Danlos Syndrome, Eosinophilic esophagitis, Glioblastoma, Larsen Syndrome, Narcolepsy, Osteogenesis Imperfecta, Phenylketonuria (PKU) and Progressive Familial Intrahepatic Cholestasis.

Around 250 people attended last year and Eagle expects there to be even more this year.



**➤➤ REGENTS PG1**

“Student health and well-being are inextricably linked to student academic success,” Baldwin said.

“A holistic campus-wide approach is the best way to serve students,” Baldwin said in response to the difficulty in providing long-term care.

professional to help students.

## ONLINE EDUCATION

## PROGRAM NAME CHANGES

A stylized illustration of a vintage microphone with a red and white striped grille, mounted on a stand. The background features a red and orange sunburst pattern. The text is in a bold, sans-serif font.



**ask  
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**What do you want  
to know about  
sexuality and  
identity?**

The Iowa State Daily is asking for questions through our #AskMeAmes initiative. You ask. We report.

To ask us a question about what it takes to run for president, visit [iowastatedaily.com/askmeames](http://iowastatedaily.com/askmeames).

**Submissions close Thursday, Feb. 28.**